

Urugamba ruzira ingimba : n'iki?

Civil Resistance: A First Look

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Urugamba ruzira ingimba : n'iki?

Urugamba ruzira ingimba n'uburyo abenegihugu batobato bahitamwo gukoresha kugira baharinire agateka kabo, umwidedegemvyo, hamwe n'ubutungane bidaciye mu ntambara. Abenegihugu bahisemwo urwo rugamba barashobora gukoresha ubuhinga butandukanye, nko guhagarika imirimo, kwiyonkora mu bintu bimwe bimwe (boycotts), imyiyerekano y'ikivunga, hamwe n'izindi nzira zo gusaba impinduka muvuy'ikibano, poritike hamwe n'ubutunzi. Mu gihe urugamba ruzira ingimba rwitwa amazina atandakunye hirya no hono kw'isi – iharanirwa ry'agateka mu bwitonzi, ukwigwanirira mu mahororo, ubushobozi bw'abenegihugu, ugukanguka kw'abenegihugu – hose usanga rurangwa n'ibintu bisa.

Imihari yo kwirwanirira igira inguvu kubera itanga icizere c'impinduka n'akazozo keza, bigatuma abenegihugu bo mu mihingo yose - mbere harimwo n'abayoboke b'ubutegetsi buhari - bayishigikira cane mukurwanya agacinyizo. Mu gihe abenegihugu benshi bahisemwo kudashigikira no kugarariza ubutegetsi bubi, burabangamirwa kuburyo haba hasigaye ko bwemera kwumviriza ivyo busabwa n'abenegihugu, canke naho bugasenyuka. Hamwe hamwe, n'ubutegetsi bwari bufise inguvu za gisirikare zikomeye hamwe n'ubutunzi bukwiye, vyarabugoye guhangana n'abenegihugu basidukanye n'iyonka kubwiyamirizi babicishije mu nzira zitandukanye zo kugarariza ikivunga no guhungabanya ibintu bimwe bimwe.

« Ikintu gihambaye cane mu rugamba ruzira ingimba, n'ukumenyekanisha ibikorwa vyawe. Guhangana winyeyeze ata muntu n'umwe abizi canke abitahura bisa no guta umwanya. Utanguye urugamba, utegerezwa kugira ibishoboka vyose kugira abantu bamenye ivyo urimwo ». –Mkhuseli Jack

Muriki kinjana giheze mu migabane yose itandatu yo kw'isi hari imihari yo kwirwanirira mu mahoro itari mike yashoboye kugarukana ubutungane hamwe n'umwidengemvyo iwabo inyuma yo kwirukana intwari z'agahotero, no guhangana n'intwari z'umuzanano za gisirikare. Ukwirwanirira kw'abenegihugu kwarashoboye kubafasha gushika ku bintu bihambaye cane: gukuraho intwari ya karyanishamiryango (Apartheid) muri Afrika y'Epfo hamwe no kwirukana ubutegetsi bw'umuzanano bwa Siriya muri Libani; guteza imbere agateka k'abakenyezi, uburenganzira bw'abirabure hamwe n'uburenganzira bwo gushinga amashirahamwe avugira abakozi muri Leta Zunze Ubumwe za Amerika; gukuraho intwari z'umuzanano muri Danemark hamwe no muri Timor y'ubuseruko; gufasha abahindi

kwikurako ubukoroni bw'abongereza; kugira uruhara mw'isenyuka z'intwara z'igitugu muri Philippine, Chili, Indonesia na Serbiya; kwiyamiriza ubusuma bw'amatora mu bihugu bimwe bimwe vy'Iburaya y'Uburengero. Ahandi, urugamba ruzira ingimba rwarashoboye gushikana kw'itsimbatazwa rya demokarasiya, iyubahirizwa ry'agateka ka zina muntu, hamwe n'ukwigenga k'ubutungane.

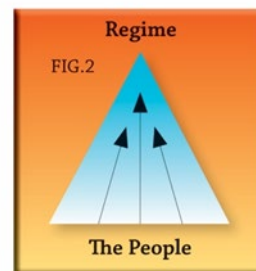
Amajambo nshimikiro

Urugamba ruzira ingimba hamwe n'akarangamutima ko kudakoresha ingimba.

Urugambwa ruzira ingimba n'uburyo bwo guhangana mu vya poritike. Akarangamutima ko kudakoresha ingimba n'ingingo ngenderwako zibuza gukoresha inguvu n'ubukozi bw'ikibi. Imihari yo kwirwanirira y'abenegihugu m'Ubuhandi hamwe n'Umurwi Waharanira Uburenganzira bw'Abirabure muri Reta Zunze Ubumwe z'Amerika, yashitse ku yipfuzwa kubera yashira imbere akarangamutima ko kudakoresha ingimba. Naho bir'uko, ntanahamwe intambara ya poritike itegeka abantu gukoresha inguvu mugihe bibaye ngombwa. Muri kahise, birashoboka ko imihari myinshi, naho yirinze gukoresha ingimba, ntiyari yabikoze kubera akarangamutima ko kutayikoresha. Ahubwo, n'uko yabona ko aribwo buryo bwonyene canke bushoboka bwo gukora urugamba rwabo.

Ububasha bw'akagwi hamwe n'Ububasha bw'abenegihugu.

Ahantu henshi, abantu barakunda kwiyumvira ko uturwi tw'abari hejuru mu butegegi aritwo dufise ubusha (raba mugicapo 1), bisigura yuko abantu batobato atajambo bafise, ko utwo turwi twiziziye ubutegegi dufata ingingo uko twishakiye. Muri mwen'izi ntware, ububasha usanga bufise abantu bake bari ku butegegi kubera aribo bagenzura ubutunzi n'inguvu z'umuheto. Baca bibaza ko ubwo bubasha buzokwamaho kandi ko bugoye guhindura. Ivyo nivyho ukwirwanirira kw'abenegihugu kuza guhinyuza (igicapo2) kuko gufatiye kuyindi ngendo yuko mu bihugu vyose, inguvu za leta n'ubundi butegegi bwose buyikomokako bishingiye ku kugamburuka kw'abatwarwa. Dufashe ko ububasha butangwa n'abenegihugu, bisigura ko ubutegegi bubaho kubera bwemerwa kandi bugashigikirwa n'abenegihugu bo mu mihingo yose. Usanga ari ubutegegi butarimwo inzitizi kuko bukura inguvu zabwo mu gukorana neza n'inzeho zitandukanye hamwe no kumviriza abenegihugu. Nico gituma imihari yo kwirwanirira



yemeza ko iyo abenegihugu bagiye hamwe bakunga urunani, barafise ubushobozi bwo kubuza leta gukora neza, canke bakayisubiriza.

Ukwirengagiza ibikorwa hamwe n'ibikorwa bitamenyerewe.

Muri kahise, abigwanirira mu mahoro barakoresheje ubuhinga bwishi butandukanye, buri mu murwi ibiri. Ku ruhande rumwe, ukwirengagiza ibikorwa, bisigura uguhagarika giturumbuka ivyo ujejwe canke ivyo utegerezwa gukora. Mur'uwu murwi harimwo uguhagarika akazi, ukutariha amakori, hamwe no kwiyonkora mu bintu bimwe bimwe (boycott). Mu rundi ruhande, ibikorwa bitamenyerewe ni harya abenegihugu batanguye gukora ivyo batahorabakora, ibishasha canke ibibujijwe n'amategeko. Ni nko kugandagaza mu bibanza bimwe bimwe, imyiyerekano y'ikivunga, n'ibindi bikorwa vyo kudakurikiza amategeko n'amabwirizwa. Urukurikirane rwiza rw'ubwo buhinga rutuma imihari y'abenegihugu igondoza uwo bahanganye, nawe agahindura ingendo. Ivyo kandi biraha ingoga abandi bantu benshi bari mu buzima butandukanye bw'igihugu ryo kuza kwifatikanya n'iyi mihari kubera baba babona uburyo butandukanye budata mu rudubi bwo guserura umubabaro wabo mu mahoro.

Ubumwe, Integuro hamwe n'Umwanzuro wo kudakoresha ingimba.

Inkingi ngenderwako zitatu zituma urugamba rwo kwirwanirira rushoboka ni ubumwe, integuro itomoye hamwe n'umwanzuro wo kudakoresha ingimba. Ubumwe butsimbatara igihe abantu bava mu mice itandukanye vy'igihugu canke bafise ibibubakiye bitandukanye, bahuriye ku kuntumbero nyamukuru zimwe. Integuro ijanye no gupanga ingene ubuhinga butandukanye n'ibikorwa bikurubikuru bizoshirwa mu ngiro, hisunzwe ingene akarere kifashe. Bisigura kandi kwitegurira ingaruka zose bishobora gushika n'uburyo bwo guhangana nazo. Umwanzuro wo kudakoresha ingimba n'ukwiyemeza gukoresha, ibihe vyose, uburyo budasaba ingimba. Ico kirahambaye kubera ingimba ituma imihari iboneka nabi, abenegihugu bayiri inyuma bakayivamwo, amakungu nayo akayikurako amaboko, bigatuma idashika ku ntumbero yihaye.

Ibibazo Cumi

1. Ni gute abategetsi bakomeye bashobora kugondoza n'abenegihugu basanzwe babicishije mu rugamba ruzira ingima?

Nta mutegetsi yavukanye ububasha. Abategetsi bakomera kubera baba bafise abantu imiriyoni babafashe mu mugongo mu buryo buboneka canke butaboneka. Kugira umutegetsi atsimbataze intwari yiwe, inyamiramabi, intwaramiheto, inzego z'ubutungane, hamwe n'ibindi bisata bigomba gukora akazi kavyo. Mu gihugu cose, abantu bategerezwa kuja kukazi imisi yose, kuriha amakori hamwe no kugura ivyankenerwa biba vyahinguwe n'inganda za leta canke zemewe nayo. Abantu bakora mu bisata vyo kwunguruza ibintu

n'abantu no gutumatumanako amakuru nabo bategerezwa kubandanya imirimo yabo kugira igihugu kibandanye kibaho. Ubwo ni bumwe mu burorero bw'ibisata bituma intwaro ihari ibandanya guhagarara.

Ivyo babitahuye neza, abategura urugamba rwo kwirwanirira mu mahoro baraheza bagashiraho uburyo bwo guca intege ibisata bihambaye vy'igihugu, bigatuma ibintu ukwo biri bihinduka. Ishoboye guhimiriza abantu guhagurukira rimwe kubwinshi mu kwiyamiriza leta ihasha abantu baharanira agateka kabo, biratuma ubutegetsu buta icizere, bihangabanya ubushobozi bwayo. Ivyo biratuma iyo leta biyigora kubandanya ihagaze neza – kuburyo n'abayishigikiye batangura kugira amakenga kuri kazoza kayo, bakayiva inyuma bukebuke, gushika n'aho inanirwa kubandanya ikoresha inguvu mu guhohotera abenegihugu.

2. Ni gute urugamba ruzira ingimba rutangura ?

Intambwe ya mbere n'ukuronsa abenegihugu batobato ubumenyi bukwiye bwo gufata iya mbere mu bikorwa. Mu gutegura abantu gusenyerera ku mugenzi umwe mu bikorwa, hakwiye gukoreshwa ubuhinga busanzwe kandi budashobora guta abantu mu mporero. Nk'akarorero, imbere yuko umuhindi Gandhi atanguza urugamba rw'abenegihugu, yarafashe umwanya ukwiye (imyaka, amezi) mw'isekeza ryo gukangurira abenegihugu batobato mu mihingo yose yigihugu mu kubagenda no kuganira nabo kugira amenye ibibubakiye, amakenga bafise, hamwe n'impinduka bashakira gushikako. Vyatumye atahura ingene ashobora kuronka icizere c'abenegihugu n'ingene ashobora gukorana nabo. Yarahamagariye kandi abenegihugu kwijukira « imigambi bwite » yo kwiteza imbere no kwibeshaho batarinze kuzera inze kuri leta.

Abenegihugu bamaze gutahura, haba hageze gutangura ibikorwa nyavyo. Ivyo navyo bishobora gutangura bukebuke, intambwe ku yindi, nko kwiyamiriza utugorane two mu kibano tufitaniye isano n'ingorane nyamukuru zihanze abantu mu gihugu. Nk'akarorero, abatunganije umuhari wo gufatana mu nda muri Polonye batanguye imbere na mbere kugahagarika akazi mu ruganda rumwe rukora ubwato. Ivyo vyatumye leta ibemerera gushiraho ishirahamwe ryigenga riharanira agateka k'abakozi . Iyo ntsinzi yaragize ingaruka kukuntu abanye Polonye babona ibintu mu gihugu cabo. Vyacye bituma uwo muhari ukomera kuko abanywanyi baguma biyongera ku bwinshi. Muri Leta Zunz'Ubumwe za Amerika, umuhari wabaharanira agateka k'abirabure warashoboye gutuma ikumirwa rihagarara mu miji imw'imwe yo mubumanuko bw'Amerika kubera ukugandagaza no ukwiyonkora mu bintu bimwe bimwe (boycott). Ivyo vyatumye uwo muhari winjiza abanywanyi benshi cane, uraronka n'ubufasha bukomere buvuye mu mpande zose z'igihugu.

3. Nigute notunganya imyiyerekano yo ku garagaza akababaro ?

Abatunganya imihari y'abenegihugu bategerezwa gutomora neza intumbero bashaka gushikako, bakisuzuma (inguvu bafise, utunenge twabo), bagasuzuma uwo bashaka guhanga, bakarondera abashobora kubaronsa ubufasha mu barorerezi bari mu gihugu canke hanze. Kugira umuhari w'abenegihugu ubashe guhitamwo ubuhinga bwo gukoresha mu rugamba ruzira ingimba, utegerezwa kwiha amahangiro ya hafi n'aya kure abereye, hisunzwe uko ibintu vyifashe muri rusangi. Nko mu gihe bahisemwo gutunganya imyiyerekano, hari uburyo bwinshi bujanye n'ubuhinga bokoresha kugira bashobore kugaragaza umubabaro wabo.

4. None atari myiyerekano, ntakindi gishoboka?

Abantu benshi biyumvira yuko imyiyerekano aribwo buhinga bukomeye mu rugamba ruzira ingimba. Ariko s'uko biri kuko imyiyerekano ni kimwe mu buhinga burenga amajana abiri buzwi bwo guharanira agateka k'abenegihugu mu mahoro ntangere. Uburorero bumwe bumwe bw'ubuhinga butandukanye bwokoreshwa ni nko kwiyonkora mu bintu bimwe bimwe (murudandazwa, muri poritike no mu vy'ivyikibano) canke boycott; guhagarika imirimo, kugabanya ingoga mu kazi, kutariha amazu apanzwe, kutariha ikori, kwandikira amakete abategets, kutagamburukira ubutegets, kugandagaza, kuzibira uruja n'uruza, canke gushiraho inzego zo kuruhande.

Kugira umurwi uhitamwo neza urukurikirane rw'ubuhinga, bivana n'inguvu zawo, intumbero nyamukuru ufise, hamwe n'ukuntu akarere kaba kifashe muri rusangi. Mu gihe umuhari utarakomera bikwiye, ni ngombwa yuko uca uba urakoresha ubuhinga butuma abantu batabangamirwa cane, canke ubuhinga bwo mu mpisho nko kwiyonkora mu bintu bimwe bimwe (boycott), kumanika mu mpisho inzandiko canke ibimenyetso, ivyo vyose bikaba bigamije gutanga ubutumwa, gukangurira abenegihugu, hamwe no canke gusotora ubutegets. Umuhari umaze gukomera, niho rero bishobora gukunda ko ukoresha ubuhinga bwo kwiyamiriza ku mugaragaro, nk'amakoraniro canke urugendo vy'abantu benshi cane, imyiyerekano y'ikivunga, hamwe n'ukudakurikiza amategeko n'amabwirizwa.

Naho imyiyerekano arico gikorwa gisa n'ikizwi cane ku bantu bashaka gutanguza urugamba rwo kwirwanirira, ntabwo ari bwo buryo bwonyene canke bukomeye bwo kwirwanirira mu mahoro. Bivanye n'ingene akarere kifashe, ubundi buryo atari ubw'imyiyerekano burashobora gukoreshwa kandi bugatanga umusaruro mwiza kandi bidakwegeye mu ngorane abantu benshi. Ukwiyumvira bihagije, no kwiga akarere neza birafasha cane mu gutora ubuhinga bwo gukoresha.

5. Urugamba ruzira ingimba rwoba rushoboka ata murongozi akomeye aruri imbere?

Muri kahise, hari imihari myishi y'abenegihugu yashoboye kwigwanirira neza ata murongozi akomeye ayiri imbere. Umuhari warwanije intwari y'amacakubiri muri Afrika y'Epfo warareresheje urugamba neza mugihe umurongozi w'abo (Nelson Mandela) yari afunguwe kure cane yawo. Bisigura ko imbere y'ijunja n'ijambo ry'umurongozi, igihambaye cane n'ukumenya guserukira neza abandi, kubumviriza, kudakumira bamwe, gutahura ingaruka mbi z'ibikorwa bimwe no kuzirinda, hamwe no kumenya kuja ingingo n'abandi imbere yo gufata ingingo iyariyo yose.

Vyongeye, hari izindi ngaruka mbi zo kwizera cane murongozi. Abari kubutegetsi barashobora kumugura, canke bakamufunga. Nico gituma imihari ikomeye ni imwe itunganijwe kuburyo naho vyoshika abarongozi bakuru bakahava, abandi baserukizi barashirwa imbere, urugamba rukabandanya ukuri kwamye.

6. Mugihe noba niyumvira yuko urugamba ruzira ingimba rudashoboka mu gihugu canje?

Urugamba ruzira ingimba ntirwama rushikana ku ntumbero igihe cose. N'aho biruko, urwo rugamba rwarashobotse mu bihugu vyinshi aho "abahinga" n'abandi bashakashatsi biyumvira ko rutopfa rushobotseyo. NK'akarorero, urwo rugamba rwashikanye kw'itembagazwa rya jeneral Augusto Pinochet wo muri Chili, benshi bafata nk'umukuru w'igihugu atinyitse cane kwisi mu igihe ciwe. Vyongeye, ntanumwe yigera yiyumvira yuko umurongozi yatwaza umukazo cane muri Serebiya, Slobodan Milosevic, batazira « Umuyangayanga wo muri Balkans » yokuwe ku butegetsi ata n'urusasi ruturitse. Yaratanze imihoho amaze kubona ko inzego zijewe umutekano mu gihugu zamuvuye inyuma mu kwanka gukurikiza itegeko ryiwe ryo kurasa mu bantu ibihumbi n'ibihumbi bariko biyamiriza ubutegetsi bwiwe babicishije mu miyerekanano mu mwaka w'2000.

Nimba ugifise amakenga y'uko urugamba rwo kwirwanirira rudashoboka aho uherereye, ni ngombwa kuraba ko izindi nzira zakoreshejwe ahandi zoshoboka: guhindurira ibintu indani (kwinjira mu batwara ufise intumbero yo kuzana impinduka), kuja mu matora, kwitura inzego zose z'ubutungane, gutanguza ibiganiro n'abo mutavuga rumwe, kurondera imfashanyo mu makungu, canke n'aho gufata umuheto. Nimba koko urugamba ruzira ingimba rudakunda buri gihe, bisigura ko n'izo zindi nzira zidashikana misi yose ku ntumbero.

Muri ico gihe, uruhara rw'abatavugarumwe, canke rw'imihari y'abarondera impinduka, n'iyi kumenya inzira nyayo yo gufata, cane cane idashobora guta mu mporero abenegihugu. Ivyo biratuma bayishigikira ku bwinshi, ubutegetsi n'ababushigikiye bagacika intege bagateba bakagondozwa. Imihari myishi y'abatavugarumwe na leta yari ifise ubushobozi bwo gukoresha izo zindi nzira ariko ihitamwo ukwiganirira mu mahoro, canke

bakabifatanya n’izindi nzira zifitaniye isano nko kuja mumatora, kwitura ubutungane, kuja mu ibiganiro, hamwe no guhindurira ibintu indani.

7. Hokorwa iki mu gihe uwo muhanganye atanguye gukoresha ingimba?

Ningombwa ko utahura ko abo muhanganye bashobora gukoresha inguvu umwanya n’umwanya. Vyaribonekeje cane no muri kahise. N’aho bir’ukwo, iyo uwufise ubutegetsu akoresheje inguvu ntibisigura yuko umuhari w’abenegihugu ataco uheza ushikeko. Hari uburyo bwinshi bwo guhangana n’ikoreshwa ry’inguvu n’ubutegetsu, kugabanya ingaruka zayo, canke bwotuma abakoresha inguvu barwa mu rudubi, bikabagarukako.

Icambere, n’ugukoresha ubuhinga butuma abo muhanganye babura aho babakura ngo babagirire nabi. Nk’akarorero, Kwiyamiriza kugura canke gukorera ibintu bimwe bimwe n’ubuhinga bugoye guhagarika kubera vyobera henshi, bigakorwa n’abantu batandukanye, kandi ubutegetsu ntibwamenya ababirimwo. Rero mu gihe imyiyerekano y’abantu benshi ihashijwe, izindi nzira zirashoboka, cane cane amayeri yokorerwa henshi kandi atuma hataba uguhangana amaso muyandi n’inzego z’umutekano, nko kutariha ama tagisi, canke kuhagarika akazi hose mu gihugu.

Icakabiri, imihari y’abenegihugu irashobora kandi kwiga ubuhinga bushasha butuma abakoresha inguvu hamwe n’uguhohotera abantu bagwa mu mporero. Nk’akarorero, gufata amasanamu canke gutorokanya inkuru z’ukuntu abantu bahohoterwa no kubishira kumugaragarwo bituma ababikora bagira isura mbi mu makungu, mbere bigaca intege abashaka kuzana imitahe muri ico gihugu. Ariko ihohotera ntiriyama misi yose rigaruka kubarikora. N’ico gituma umuhari ukwiye kuraba ubuhinga bwo gufufufahaza canke bwo kugabanya ubushozi bwa reta bwo gukoresha inguvu. Ivyo biratuma iyo reta iboneka nabi kubayishigikiye mu gihugu no mu makungu.

Ica gatatu, mu bihugu vyinshi, inzego z’umutekano zarashimye kuvavanura n’ubutegetsu zija kwifatanya n’imihari y’abenegihugu, nko muri Philippines muri 1986, Chili muri 1988, Serebiya muri 2000 hamwe no muri Ukraine mumwaka wa 2004, bituma inguvu za leta zo guhasha zigabanuka cane. Ukwo “guhemukana” kw’inzego z’umutekano kwavuye k’ubuhinga n’amayeri abatwara iyo mihari bakoresheje mu kuzumvisha ko zidakwiye kubandanya zishigikira intwari zihohotera abenegihugu.

“ Nico gituma uguhasha kwagize ingaruka zitari zitezwe, kumwe kw’itegeko rya gatatu rya Newton rivuga ku bintu bikorwa n’ingene vyakirwa. N’ukuvuga iyo uhahaje abantu cane, baratinda bagatimba”.
Ivan Marovic.

8. Bica bigenda gute iyo bidashoboka ko uhinduzwa ivyiyumviro uwo muhanganye?

Kugira umuhari ushike ku ntumbero, si ngombwa ko wemeza akarwi gafata ingingo zo guhasha. Ikintu nyamukuru ni kwemeza no gutahuza bamwe mu bashigikiye ako karwi.

Ibuka, imihari y'abenegihugu igira inguvu kubera ifise ubushobozi bwo guhinduzwa ivyiyumviro abantu isinzi basanzwe bashigikiye ubutegetsu buhohotera. Igihe inkingi z'ubutegetsu zitanguye kugoyagoya, nta n'akamaro ko kubwiringa ngo buhindure ivyiyumviro. Bumaze kubona ko atamuntu akiri inyuma yabwo, buca butahura yuko atayindi nzira busigaranye atari yo kuganira kugira haboneke ubundi buryo bwo gutwara mu mwumvikano.

Nk'akarorero, ukwanka kugira ibidandazwa vy'abazungu muri 1985 bivanye n'akamo k'umuhari warwanya intwari ya karyanisha miryango mu gisagara ca Port Elisabeth muri Afrika y'epfo vyarahombesheje abo bandandaza gushika n'aho bagobera leta kugira ihindure ibintu ku neza ya bose. Abo bandandaza ntibarinze kunyurwa n'urugamba rwabashaka guhindura ibintu. Gusa baratahuye ko vyari ngombwa y'uko bavavanura na leta bagashigikira bimwe mu vyasabwa n'uwo muhira kugira ibintu bisubire mu buryo.

« Mu vy'ukuri, icazanye impinduka muri Afurika y'Epfo, n'uguhagurukira rimwe kw'abenegihugu isinzi... kwarashize umukazo kuri leta... kugira ihindure ibintu... kwarateye akajagari gushika n'aho leta ibura ukuntu ivyifatamwo ».
—Dr. Janet Cherry

9. Urugamba ruzoteba. Iyo vyihuta cane ko haba impinduka ?

Si ngombwa ko urugamba ruzira ingimba rufata igihe kirekire kugira rugire ico rushikako. Naho Umuhari wo Gufatana mu nda wo muri Polonye vyawutwaye imyaka cumi kugira ushike k'ubutegetsu, muri Philipine hoho vyabatwaye igihe gito kugira bashobore kwirukana umunyagitugu, Ferdinand Marcos. Rero igihambaye kugira umuhari ushike ku ntumbero ntabwo ari umwanya, n'ubumwe buri hagati y'abanywanyi hamwe n'ubushobozi bwo gutegura ibikorwa vyawo neza.

10. Ni gute bashika ku ntumbero ?

Kugira umuhari ugire amahirwe menshi yo gushika ku ntumbero yawo, utegerezwa gushira imbere ubumwe, integuro nziza, hamwe n'umwanzuro wo kudakoresha ingimba.

« Ikigira imihari myinshi, n'ugufata mininerwe intambwe zihambaye zo kubaka no gukomeza imihari, cane cane, ubuhinga bwo kurondera neza no

gushoboza abanywany, kubinjizamwo akarangamutima ko kudakoresha ingimba, kumenya gupanga akarere no kwitegurira ibikorwa neza. Ivyo ntabwo ari bintu bikorwa giturumbuka, bisaba kuvyitondera cane». – Rev. James Lawson.

Ubumwe burakenewe kubera umuhari w’abenegihugu ukomera mu gihe benshi bawiyumvamwo kubera ushira imbere ivyipfuzo vyabo. Kandi n’ukumenya ko ata muntu yinjira mu muhari kugahato. N’aho bababazi ko bishobora kubakwegera, abantu barawinjiramwo kubera bawizera. Ariko rero, iyo utarangwamwo ugukorerera hamwe, kandi udafise intumbero itomoye neza, benshi barawuvamwo. Muri rusangi, imihari y’abenegihugu ikomeye usanga ari imwe yashoboye guhuriza hamwe abagabo, abagore, abana, abakuze, abasaza, abantu bava mu madini hamwe n’ubwoko butandukane, abanyeshure, abakozi, incabwenge, abarwizatunga hamwe n’abandi benshi.

Integuro irahambaye cane kubera urugamba rwo kwirwanirira ruba hagati y’uwushaka impindika, cane cane umuhari, canke umurwi, hamwe n’uwo batavugarumwe kenshi usanga afise uburyo n’inguvu. N’ico gituma ukwitunganya hamwe n’ubuhinga bikenewe kugira inguvu n’ubushobozi vy’umuhari bikoreshwe neza. Abatwara umuhari barafata ingingo zibereye kandi zisaba ukwiyumvira, nko gusuzuma ingene bokwongereza uburyo n’ingene bukoreshwa neza, kumenya aho uwo bahanganye agoyagoya n’ingene boca babikorera, hamwe no kumenya kwicungera neza. Bisigura ko muri rusangi, ingingo zidafatwa giturumbuka. Kugira integuro ikorwe neza, ni ngombwa yuko abantu babanza kumenya ibintu bibiri. Ubwambere, abahinga b’umuhari bagomba kuba bafise ubumenyi bukwiye bw’ingene akarere kameze (mu vya poritike, ubutunzi hamwe n’ikibano), hamwe no gutahura ivyipfuzo vy’imirwi itangukanye y’abenegihugu. Ubwa kabiri, abahinga b’umuhari bagomba kumenya ibiranga urugamba rudasaba ingimba. Ubu bumenyi bashobora kuburika mu buryo butandukanye: mu banywanyi boba barabiciyemwo, mu bitabo, mu mareresi, kuri interineti, canke mu guhanahana ivyiyumviro n’abandi bahinga babifisemwo uburambe.

Umwanzuro wo kudakoresha ingimba ufise akamaro kanini kubera iyo abagize umuhari batanguye gukoresha ingimba, bituma isura y’umuhari itosekara, kandi biraha abakeba icitwazo co gukoresha inguvu zirenze. Vyongeye, iyo umuhari ukoresheje ingimba, bituma abantu benshi bawuva inyuma kubera baba batinya ingaruka yavyo. Ikindi n’uko iyo abanywanyi batanguye kugirira nabi abasoda n’abapolisi, batakaza amahirwe yo kubona bamwe muri izo nzego canke abandi bantu, babagirira impuhwe canke babashigikira. Gukoresha ingimba rero n’igihushane c’imvo n’imvano yitezwe mu rugamba ruzira ingimba, kuko ivyo umuhari uharanira - ukwisanzura no kubaho neza kuri bese - bitegerezwa kujana n’ibikorwa vyawo kuburyo abantu bo mu mpande zose (abashaka impinduka, abayoboke ba leta, amakungu) bobitahura, kandi bikenewe, bakabishigikira.