ICNC 2019 People Power Course Pre and Post Surveys

The graphs below are from ICNC’s 2019 Online Course in partnership with Rutgers People Power: The Strategic Dynamics of Civil Resistance. Participants were asked to complete the same survey at the beginning of the course and at the end of the course. Each survey was divided into five sections. 23 participants completed both the pre and post course survey.

I. Civil Resistance Skills .................................................................2
II. Effectiveness of Engagement in Civil Resistance...............................8
III. Applicability & Relevance...............................................................13
IV. Civil Resistance Knowledge............................................................20
V. Attitudes/Beliefs about Civil Resistance .............................................24
I. Civil Resistance Skills

1. How actively involved are you in a civil resistance campaign?

- Pre Course
  - 1 (Not active at all): 2 [9%]
  - 2: 7 [30%]
  - 3: 5 [22%]
  - 4: 7 [30%]
  - 5 (Very active): 2 [9%]

1. How likely are you to join a civil resistance campaign because of what you learned in this online course?

- Post Course
  - More likely: 19 [83%]
  - Same as before the course: 4 [17%]
  - Less likely: 0
2. How actively involved are you in writing, researching, speaking, or teaching about civil resistance?

- Pre Course

2. After having completed the online course, how much more likely are you to engage in writing, researching, speaking, or teaching about civil resistance?

- Post Course
3. How actively involved have you been in leading or planning a civil resistance campaign in the last 3 months?

- Pre Course

3. After completing the online course, how much more likely do you think you will become involved in leading or planning a civil resistance campaign?

- Post Course
4. How skilled do you think you are in planning or implementing a civil resistance campaign?

- Pre Course
- Post Course

<table>
<thead>
<tr>
<th>Skill Level</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Not skilled at all)</td>
<td>4 [17%]</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>7 [30%]</td>
<td>1 [5%]</td>
</tr>
<tr>
<td>3</td>
<td>8 [34%]</td>
<td>3 [14%]</td>
</tr>
<tr>
<td>4</td>
<td>3 [14%]</td>
<td>16 [67%]</td>
</tr>
<tr>
<td>5 (Very skilled)</td>
<td>3 [14%]</td>
<td>3 [14%]</td>
</tr>
</tbody>
</table>
5a [pre course]. If you are involved in leading or planning a civil resistance campaign, please select the planning tools that you used as part of your engagement in civil resistance (education/training/practice) in the last 3 months? (Participants could
5b [post course]. In comparison to before the course, how likely are you to now use the following tools in a civil resistance campaign, training, or similar educational opportunity? (Participants could select multiple answers)

- More likely
- Same as before the course
- Less likely

<table>
<thead>
<tr>
<th>Tool</th>
<th>More likely</th>
<th>Same as before the course</th>
<th>Less likely</th>
</tr>
</thead>
<tbody>
<tr>
<td>Media &amp; Communications Strategy Training</td>
<td>21 [91%]</td>
<td>2 [8%]</td>
<td>0</td>
</tr>
<tr>
<td>Nonviolent Discipline Training</td>
<td>18 [78%]</td>
<td>3 [13%]</td>
<td>2 [8%]</td>
</tr>
<tr>
<td>Pillars of Power/Support</td>
<td>20 [86%]</td>
<td>1 [4%]</td>
<td>2 [8%]</td>
</tr>
<tr>
<td>SMART Assessment</td>
<td>15 [65%]</td>
<td>8 [34%]</td>
<td>0</td>
</tr>
<tr>
<td>SWOT Analysis</td>
<td>16 [69%]</td>
<td>4 [17%]</td>
<td>3 [13%]</td>
</tr>
<tr>
<td>Spectrum of Allies</td>
<td>17 [73%]</td>
<td>4 [17%]</td>
<td>2 [8%]</td>
</tr>
</tbody>
</table>
II. Effectiveness of Engagement in Civil Resistance

6. If you are currently participating in a civil resistance campaign, how effective do you think you are in achieving your campaign’s stated objectives in your current training’s and campaigns?

- **Pre Course**
  - 1 (Not effective at all): 5 [22%]
  - 2: 3 [14%]
  - 3: 11 [47%]
  - 4: 4 [17%]
  - 5 (Very effective): 0

6. After having completed the online course, how much more effective do you believe you will be in achieving the stated objectives of your civil resistance training’s or campaigns?

- **Post Course**
  - 1 (Not effective at all): 0
  - 2: 0
  - 3: 4 [17%]
  - 4: 12 [53%]
  - 5 (Very effective): 7 [30%]
7. If you are actively involved in writing, researching, or teaching about civil resistance, how effective do you consider your work?

- **Pre Course**
- **Post Course**

<table>
<thead>
<tr>
<th>Rating</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Not effective at all)</td>
<td>3 [14%]</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>3 (Very effective)</td>
<td>8 [34%]</td>
<td>12 [53%]</td>
</tr>
<tr>
<td>4</td>
<td>6 [26%]</td>
<td>6 [26%]</td>
</tr>
<tr>
<td>5</td>
<td>0</td>
<td>9 [39%]</td>
</tr>
</tbody>
</table>
8. If you have participated in a civil resistance action in the last 3 months, how effective do you believe the action was in achieving its stated goal?

<table>
<thead>
<tr>
<th>Rating</th>
<th>Pre Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Not effective at all)</td>
<td>5 [22%]</td>
</tr>
<tr>
<td>2</td>
<td>3 [14%]</td>
</tr>
<tr>
<td>3</td>
<td>4 [17%]</td>
</tr>
<tr>
<td>4</td>
<td>8 [33%]</td>
</tr>
<tr>
<td>5 (Very effective)</td>
<td>3 [14%]</td>
</tr>
</tbody>
</table>

8. After having completed the online course, how effective do you believe your civil resistance actions will be in achieving their stated goals in comparison with their effectiveness prior to taking this course?

<table>
<thead>
<tr>
<th>Rating</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Not effective at all)</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>3</td>
<td>4 [17%]</td>
</tr>
<tr>
<td>4</td>
<td>12 [53%]</td>
</tr>
<tr>
<td>5 (Very effective)</td>
<td>7 [30%]</td>
</tr>
</tbody>
</table>
9. How regularly does your campaign/movement consult educational materials on civil resistance?

- Frequently: 5 [21%]
- Occasionally: 12 [53%]
- Rarely: 4 [17%]
- Never: 2 [9%]

9. After completing the online course, how much more likely are you to consult educational materials on civil resistance?

- More likely: 20 [86%]
- Same as before the course: 3 [14%]
- Less likely: 0
10. How regularly does your campaign/movement hold internal teach-ins/workshops on civil resistance strategy and tactics?

- Frequently: 2 [9%]
- Occasionally: 5 [21%]
- Rarely: 10 [44%]
- Never: 6 [26%]

10. After completing the online course, how much more likely are you to hold internal teach-ins/workshops on civil resistance strategy and tactics?

- More likely: 18 [79%]
- Same as before the course: 5 [21%]
- Less likely: 0
11. How do you envision applying the knowledge that you gained from this course? (Participants could choose multiple answers)

- Do not know
- Directly in a nonviolent campaign
- In research, writing, or presenting
- In teaching, educating, or training others
- For my own personal growth

Pre Course
- Do not know: 0 [0%]
- Directly in a nonviolent campaign: 11 [47%]
- In research, writing, or presenting: 15 [65%]
- In teaching, educating, or training others: 16 [69%]
- For my own personal growth: 17 [73%]

Post Course
- Do not know: 0 [0%]
- Directly in a nonviolent campaign: 16 [69%]
- In research, writing, or presenting: 17 [73%]
- In teaching, educating, or training others: 18 [78%]
- For my own personal growth: 17 [73%]
12. What is your level of interest in learning more about civil resistance?

- Pre Course

12. Did your level of interest in learning about civil resistance decrease, increase or remain the same after this online course?

- Post Course
13. What are the three most important outcomes you hope to gain from this course/gained from this course? (Participants could choose multiple answers)

<table>
<thead>
<tr>
<th>Category</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowledge-concepts and theories</td>
<td>17 [73%]</td>
<td>18 [78%]</td>
</tr>
<tr>
<td>Knowledge-specific case studies</td>
<td>12 [52%]</td>
<td>14 [60%]</td>
</tr>
<tr>
<td>Practical skills</td>
<td>18 [78%]</td>
<td>14 [60%]</td>
</tr>
<tr>
<td>Motivation/inspiration</td>
<td>12 [52%]</td>
<td>12 [52%]</td>
</tr>
<tr>
<td>Contacts/professional networks</td>
<td>15 [65%]</td>
<td>11 [47%]</td>
</tr>
</tbody>
</table>
14a. For each of the actions listed below, please indicate if you have personally never done it, if you have done it once, or if you have done it more than once in the past three months [Pre Course Survey]

- **Attended a protest/demonstration**
  - More than once in the past three months: 20 (86%)
  - Once in the past three months: 9 (39%)
  - Never: 10 (43%)

- **Went on strike**
  - More than once in the past three months: 0
  - Once in the past three months: 1 (4%)
  - Never: 2 (8%)

- **Joined a boycott**
  - More than once in the past three months: 13 (56%)
  - Once in the past three months: 5 (21%)
  - Never: 3 (14%)

- **Organized/signed a petition**
  - More than once in the past three months: 12 (52%)
  - Once in the past three months: 7 (30%)
  - Never: 2 (8%)
14b. For each of the actions listed below, please indicate if you have personally never done it, if you have done it once, or if you have done it more than once in the past three months [Pre Course Survey]

- **Participated in a sit-in/occupation**
  - Never: 22 [95%]
  - Once: 1 [4%]
  - More than once: 0

- **Used cultural resistance**
  - Never: 9 [39%]
  - Once: 4 [17%]
  - More than once: 10 [43%]

- **Participated in alternative institution building**
  - Never: 6 [26%]
  - Once: 7 [30%]
  - More than once: 10 [43%]
14a. After completing the course, please indicate how likely you are to do the actions listed below [Post Course Survey]

- Attend a protest/demonstration: 14 [60%] (7 [30%]), 14 [60%] (2 [8%]), 11 [46%] (3 [13%]), 11 [46%] (4 [17%]), 21 [86%] (1 [4%]), 21 [86%] (0 [0%])
- Go on strike: 14 [60%] (6 [26%]), 14 [60%] (3 [13%]), 15 [60%] (4 [17%]), 15 [60%] (1 [4%]), 15 [60%] (1 [4%]), 15 [60%] (0 [0%])
- Join a boycott: 18 [78%] (18 [78%]), 18 [78%] (22 [95%]), 18 [78%] (18 [78%]), 18 [78%] (18 [78%]), 18 [78%] (18 [78%]), 18 [78%] (0 [0%])
- Organize/sign a petition: 22 [95%] (22 [95%]), 22 [95%] (22 [95%]), 22 [95%] (22 [95%]), 22 [95%] (22 [95%]), 22 [95%] (22 [95%]), 22 [95%] (0 [0%])
14b. After completing the course, please indicate how likely you are to do each of the actions listed below [Post Course Survey]

- Participate in a sit-in/occupation
- Use cultural resistance
- Participate in alternative institution building

More likely | Same as before the course | Less likely
---|---|---
17 [73%] | 5 [21%] | 1 [4%]
19 [82%] | 3 [13%] | 1 [4%]
19 [82%] | 4 [17%] | 0

[Bar chart showing the distribution of responses]
IV. Civil Resistance Knowledge

15. On the scale below, select the number that best represents your current knowledge of civil resistance or nonviolent movements

[Bar chart showing Pre Course and Post Course responses for knowledge levels from 1 (None) to 5 (A lot).]
16. How many civil resistance strategies and tactics do you know of?

<table>
<thead>
<tr>
<th>Range</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-10</td>
<td>15 [64%]</td>
<td>5 [21%]</td>
</tr>
<tr>
<td>11-20</td>
<td>6 [26%]</td>
<td>5 [21%]</td>
</tr>
<tr>
<td>21-30</td>
<td>3 [14%]</td>
<td>1 [5%]</td>
</tr>
<tr>
<td>31-40</td>
<td>3 [14%]</td>
<td>1 [5%]</td>
</tr>
<tr>
<td>Over 40</td>
<td>7 [30%]</td>
<td>0</td>
</tr>
</tbody>
</table>
17. Please list any and all civil resistance tactics that you know of
18. How many nonviolent civil resistance movements do you know of?
V. Attitudes/Beliefs about Civil Resistance

19. On the scale below, identify your comfort level in speaking to others about civil resistance or nonviolent movements

Pre Course | Post Course
---|---
1 (Not at all) | 0 | 0
2 | 0 | 0
3 | 3 [14%] | 8 [35%]
4 | 3 [14%] | 7 [30%]
5 | 5 [21%] | 5 [21%]
5 (Extremely comfortable) | 15 [65%] |
20. On the scale below, identify your comfort level in participating in civil resistance campaigns or in a nonviolent movement:

- **Pre Course**
- **Post Course**

<table>
<thead>
<tr>
<th>Comfort Level</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Not at all)</td>
<td>2 [9%]</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>2 [9%]</td>
<td>0</td>
</tr>
<tr>
<td>3</td>
<td>5 [22%]</td>
<td>1 [5%]</td>
</tr>
<tr>
<td>4</td>
<td>7 [30%]</td>
<td>13 [56%]</td>
</tr>
<tr>
<td>5 (Extremely comfortable)</td>
<td>7 [30%]</td>
<td>9 [39%]</td>
</tr>
</tbody>
</table>
21. On the scale below, identify your comfort level in leading civil resistance actions as part of a nonviolent campaign/movement.
22. On the scale below, select the number that best represents your view that revolutions against brutal regimes can succeed ONLY if revolutionaries retain the option to use violent means.
23. On the scale below, select the number that best represents your view that protests, marches, and demonstrations are the ONLY civil resistance methods

Pre Course Post Course

1 [5%] 0
1 [5%] 0
5 [21%] 4 [17%]
1 [5%] 4 [17%]
12 [52%] 18 [78%]

1 (Strongly agree)   2   3   4   5 (Strongly disagree)
24. On the scale below, select the number that best represents your view about how important you think strategic planning is in a successful civil resistance movement.

Pre Course | Post Course
---|---
1 (Not important) | 0
2 | 0
3 | 2 [9%] 1 [5%]
4 | 3 [14%] 1 [5%]
5 (Very important) | 18 [77%] 21 [90%]
25. On the scale below, select the number that best represents your view about how important you think participation is in a successful civil resistance movement.

Pre Course  Post Course

0 0
0 0
3 [14%] 2 [9%]
4 [17%] 2 [9%]
16 [69%] 19 [82%]

1 (Not important)  2  3  4  5 (Very important)
26. On the scale below, select the number that best represents your view about how important you think nonviolent discipline is in a successful civil resistance movement.

![Bar Chart]

- Pre Course
- Post Course

- 1 (Not important)
- 2
- 3 (14%)
- 4 (17%)
- 5 (Very important)

- 0
- 0
- 0
- 0
- 3 [14%]
- 4 [17%]
- 16 [69%]
- 20 [86%]