ICNC 2020 Moderated Online Course Learning Gains Report

The graphs below are from ICNC’s 2020 Moderated Online Course, *People Power: The Strategic Dynamics of Civil Resistance*. Participants were asked to complete the same survey at the beginning of the course and at the end of the course. Each survey was divided into five sections. 44 participants completed both the pre- and post-course surveys.

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I. **Civil Resistance Skills**

1. How actively involved are you in a civil resistance campaign?

   ![Graph showing involvement levels before the course](image1)

   - 1 (Not active at all): 7 (16%)
   - 2: 16 (37%)
   - 3: 11 (26%)
   - 4: 7 (16%)
   - 5 (Very active): 2 (5%)

   **Pre Course**

1. How likely are you to join a civil resistance campaign because of what you learned in this online course?

   ![Graph showing likelihood levels after the course](image2)

   - Less likely: 0
   - Same as before the course: 2 (5%)
   - More likely: 41 (95%)

   **Post Course**
2. How actively involved are you in writing, researching, speaking, or teaching about civil resistance?

Pre Course

2. After having completed the online course, how much more likely are you to engage in writing, researching, speaking, or teaching about civil resistance?

Post Course

Less likely: 1 [2%]
Same as before the course: 1 [2%]
More likely: 41 [95%]
3. How actively involved have you been in leading or planning a civil resistance campaign in the last 3 months?

- Before the course: 26 [61%] (Not active at all), 5 [12%] (Very active), 8 [19%], 4 [9%], 0

3. After completing the online course, how much more likely do you think you will become involved in leading or planning a civil resistance campaign?

- After the course: 34 [79%] (More likely), 8 [19%], 1 [2%] (Less likely), 0
4. How skilled do you think you are in planning or implementing a civil resistance campaign?

<table>
<thead>
<tr>
<th></th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Not skilled at all)</td>
<td>12 [28%]</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>16 [37%]</td>
<td>1 [2%]</td>
</tr>
<tr>
<td>3</td>
<td>10 [23%]</td>
<td>14 [33%]</td>
</tr>
<tr>
<td>4</td>
<td>5 [12%]</td>
<td>26 [61%]</td>
</tr>
<tr>
<td>5 (Very skilled)</td>
<td>0</td>
<td>2 [5%]</td>
</tr>
</tbody>
</table>
5. If you are involved in leading or planning a civil resistance campaign, please select the planning tools that you used as part of your engagement in civil resistance (education/training/practice) in the last 3 months? Participants could select multiple:

- 8 [19%] Media & Communications Strategy Training
- 5 [12%] Nonviolent Discipline Training
- 7 [16%] Pillars of Support
- 5 [12%] SMART Assessment
- 6 [14%] SWOT Analysis
- 6 [14%] Spectrum of Allies
5. In comparison to before the course, how likely are you to now use the following tools in a civil resistance campaign, training, or similar educational opportunity? Participants could select multiple answers.

- More likely
- Same as before the course
- Less likely

### Results

- **Media & Communications Strategy Training**: 33 [77%] More likely, 9 [21%] Same as before, 1 [2%] Less likely
- **Nonviolent Discipline Training**: 39 [91%] More likely, 4 [9%] Same as before, 0 [0%] Less likely
- **Pillars of Support**: 40 [93%] More likely, 3 [7%] Same as before, 0 [0%] Less likely
- **SMART Assessment**: 33 [77%] More likely, 10 [23%] Same as before, 0 [0%] Less likely
- **SWOT Analysis**: 27 [63%] More likely, 15 [35%] Same as before, 1 [2%] Less likely
- **Spectrum of Allies**: 36 [84%] More likely, 6 [14%] Same as before, 1 [2%] Less likely
II. Effectiveness of Engagement in Civil Resistance

6. If you are currently participating in a civil resistance campaign, how effective do you think you are in achieving your campaign's stated objectives in your current trainings and actions?
7. If you are actively involved in writing, researching, or teaching about civil resistance, how effective do you consider your work?

<table>
<thead>
<tr>
<th></th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>5 [12%]</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>10 [23%]</td>
<td>0</td>
</tr>
<tr>
<td>3</td>
<td>15 [35%]</td>
<td>1 [2%]</td>
</tr>
<tr>
<td>4</td>
<td>5 [12%]</td>
<td>22 [51%]</td>
</tr>
<tr>
<td>5</td>
<td>2 [5%]</td>
<td>20 [47%]</td>
</tr>
</tbody>
</table>
8. If you regularly participate in civil resistance actions, how effective do you believe your actions are in achieving their stated goals?

<table>
<thead>
<tr>
<th></th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Not effective at all)</td>
<td>4 [9%]</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>11 [26%]</td>
<td>0</td>
</tr>
<tr>
<td>3</td>
<td>11 [26%]</td>
<td>21 [49%]</td>
</tr>
<tr>
<td>4</td>
<td>9 [21%]</td>
<td>2 [5%]</td>
</tr>
<tr>
<td>5 (Very effective)</td>
<td>0</td>
<td>13 [30%]</td>
</tr>
</tbody>
</table>
9. How regularly does your campaign/movement consult educational materials on civil resistance?

- **Not at all**: 8 [19%]
- **Rarely**: 6 [14%]
- **Occasionally**: 17 [40%]
- **Frequently**: 2 [5%]

9. After completing the online course, how much more likely are you to consult educational materials on civil resistance?

- **Less likely**: 0
- **Same as before the course**: 2 [5%]
- **More likely**: 40 [95%]
10. How regularly does your campaign/movement hold internal teach-ins/workshops on civil resistance strategy and tactics?

- Not at all: 9 [21%]
- Rarely: 8 [19%]
- Occasionally: 11 [26%]
- Frequently: 3 [7%]

10. After completing the online course, how much more likely are you to hold internal teach-ins/workshops on civil resistance strategy and tactics?

- Less likely: 0
- Same as before the course: 1 [2%]
- More likely: 42 [98%]
III. Applicability & Relevance

11. How do you envision applying the knowledge that you gained from this course? (Participants could choose multiple answers)
12. What is your level of interest in learning more about civil resistance?

- Pre Course

12. Did your level of interest in learning about civil resistance decrease, increase or remain the same after this online course?

- Post Course

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<table>
<thead>
<tr>
<th>Level</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 (Very low)</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>0</td>
<td>42</td>
</tr>
<tr>
<td>4</td>
<td>8 [19%]</td>
<td>1 [2%]</td>
</tr>
<tr>
<td>5 (Very high)</td>
<td>35 [81%]</td>
<td>42 [98%]</td>
</tr>
</tbody>
</table>
13. What are the three most important outcomes you hope to gain from this course/gained from this course? (Participants could choose multiple answers)

- Knowledge-concepts and theories: 40 [93%] Pre Course, 35 [81%] Post Course
- Knowledge-specific case studies: 28 [65%] Pre Course, 26 [61%] Post Course
- Practical skills: 32 [74%] Pre Course, 25 [58%] Post Course
- Motivation/inspiration: 24 [56%] Pre Course, 22 [51%] Post Course
- Contacts/professional networks: 30 [70%] Pre Course, 20 [47%] Post Course
14a. For each of the actions listed below, please indicate if you have personally never done it, if you have done it once, or if you have done it more than once in the past three months [Pre Course Survey]

- Attended a protest/demonstration
- Went on strike
- Joined a boycott
- Organized/signed a petition
- Participated in a sit-in/occupation
- Used creative/cultural resistance
- Participated in alternative institution building

Never | Once in the past three months | More than once in the past three months
--- | --- | ---
37 (86%) | 37 (86%) | 16 (40%), 10 (23%), 6 (14%), 7 (16%), 6 (14%), 20 (47%), 17 (40%), 4 (9%), 2 (5%), 12 (28%), 8 (19%)
14. After completing the course, please indicate how likely you are to do the actions listed below [Post Course Survey]

- More likely
- Same as before the course
- Less likely

<table>
<thead>
<tr>
<th>Action</th>
<th>More likely</th>
<th>Same as Before</th>
<th>Less likely</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attended a protest/demonstration</td>
<td>27 [63%]</td>
<td>2 [5%]</td>
<td>0 [0%]</td>
</tr>
<tr>
<td>Went on strike</td>
<td>24 [56%]</td>
<td>15 [35%]</td>
<td>0 [0%]</td>
</tr>
<tr>
<td>Joined a boycott</td>
<td>28 [65%]</td>
<td>13 [30%]</td>
<td>1 [2%]</td>
</tr>
<tr>
<td>Organized/signed a petition</td>
<td>28 [65%]</td>
<td>14 [33%]</td>
<td>2 [5%]</td>
</tr>
<tr>
<td>Participated in a sit-in/occupation</td>
<td>25 [58%]</td>
<td>13 [30%]</td>
<td>5 [12%]</td>
</tr>
<tr>
<td>Used creative/cultural resistance</td>
<td>35 [81%]</td>
<td>7 [16%]</td>
<td>1 [2%]</td>
</tr>
<tr>
<td>Participated in alternative institution building</td>
<td>36 [84%]</td>
<td>6 [14%]</td>
<td>1 [2%]</td>
</tr>
</tbody>
</table>

After completing the course, please indicate how likely you are to do the actions listed below [Post Course Survey]:

- Attended a protest/demonstration
- Went on strike
- Joined a boycott
- Organized/signed a petition
- Participated in a sit-in/occupation
- Used creative/cultural resistance
- Participated in alternative institution building

More likely  | Same as Before | Less likely
-------------|----------------|-------------
27 [63%]      | 2 [5%]         | 0 [0%]      |
24 [56%]      | 15 [35%]       | 0 [0%]      |
28 [65%]      | 13 [30%]       | 1 [2%]      |
28 [65%]      | 14 [33%]       | 2 [5%]      |
25 [58%]      | 13 [30%]       | 5 [12%]     |
35 [81%]      | 7 [16%]        | 1 [2%]      |
36 [84%]      | 6 [14%]        | 1 [2%]      |
IV. Civil Resistance Knowledge

15. On the scale below, select the number that best represents your current knowledge of civil resistance or nonviolent movements.
16. How many civil resistance strategies and tactics do you know of?

<table>
<thead>
<tr>
<th>Category</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-10</td>
<td>7 [16%]</td>
<td>23 [54%]</td>
</tr>
<tr>
<td>11-20</td>
<td>10 [23%]</td>
<td>9 [21%]</td>
</tr>
<tr>
<td>21-30</td>
<td>4 [9%]</td>
<td>7 [16%]</td>
</tr>
<tr>
<td>31-40</td>
<td>1 [2%]</td>
<td>6 [14%]</td>
</tr>
<tr>
<td>Over 40</td>
<td>5 [12%]</td>
<td>14 [33%]</td>
</tr>
</tbody>
</table>
17. How many nonviolent civil resistance movements do you know of?
V. Attitudes/Beliefs about Civil Resistance

18. On the scale below, identify your comfort level in speaking to others about civil resistance or nonviolent movements.

- Pre Course
- Post Course

0 (Not at all) 1 2 3 4 5 (Extremely comfortable)
19. On the scale below, identify your comfort level in participating in civil resistance campaigns or in a nonviolent movement.
20. On the scale below, identify your comfort level in leading civil resistance actions as part of a nonviolent campaign/movement.

- **Pre Course**
- **Post Course**

![Bar chart showing comfort levels](image)
21. On the scale below, select the number that best represents your view that revolutions against brutal regimes can succeed ONLY if revolutionaries retain the option to use violent means.

Pre Course | Post Course
---|---
1 (Strongly agree) | 4 [9%] 1 [2%]
2 | 6 [14%] 2 [5%]
3 | 5 [12%] 1 [2%]
4 | 15 [35%] 2 [5%]
5 (Strongly disagree) | 33 [77%] 17 [40%]
22. On the scale below, select the number that best represents your view that protests, marches, and demonstrations are the ONLY civil resistance methods.

<table>
<thead>
<tr>
<th>Number</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>3 (7%)</td>
<td>2 (5%)</td>
</tr>
<tr>
<td>2</td>
<td>2 (5%)</td>
<td>1 (2%)</td>
</tr>
<tr>
<td>3</td>
<td>2 (5%)</td>
<td>1 (2%)</td>
</tr>
<tr>
<td>4</td>
<td>9 (21%)</td>
<td>3 (7%)</td>
</tr>
<tr>
<td>5</td>
<td>27 (63%)</td>
<td>36 (84%)</td>
</tr>
</tbody>
</table>
23. On the scale below, select the number that best represents your view on how successful you think civil resistance campaigns against repressive states have been in the past.

- Pre Course
- Post Course

[Graph showing the distribution of responses:]

- 1 (Not successful at all): 2 [2%]
- 2: 0
- 3: 15 [35%]
- 4: 17 [40%]
- 5 (Very successful): 22 [51%]

Pre Course:
- 1: 1 [2%]
- 2: 2 [5%]
- 3: 9 [21%]
- 4: 12 [28%]
- 5: 8 [19%]

Post Course:
- 1: 0
- 2: 0
- 3: 15 [35%]
- 4: 17 [40%]
- 5: 22 [51%]
24. On the scale below, select the number that best represents your view about how important you think strategic planning is in a successful civil resistance movement.

Pre Course

Post Course

1 (Not important) 2 3 4 5 (Very important)
25. On the scale below, select the number that best represents your view about how important you think participation is in a successful civil resistance movement.

- **Pre Course**
- **Post Course**

<table>
<thead>
<tr>
<th>Number</th>
<th>Pre Course</th>
<th>Post Course</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>3</td>
<td>3 [7%]</td>
<td>2 [5%]</td>
</tr>
<tr>
<td>4</td>
<td>7 [16%]</td>
<td>4 [9%]</td>
</tr>
<tr>
<td>5</td>
<td>33 [77%]</td>
<td>37 [86%]</td>
</tr>
</tbody>
</table>
26. On the scale below, select the number that best represents your view about how important you think nonviolent discipline is in a successful civil resistance movement.

Pre Course | Post Course
--- | ---
1 (Not important) | 0
2 | 0
3 | 0
4 | 2 [5%]
5 (Very important) | 38 [88%]

13 [30%]
3 [7%]
27 [63%]